

**2019 CCRA DOUBLES LEAGUE 1 REGISTRATION: JUNE 10TH<sup>st</sup> - JULY 28TH**  
**REGISTRATION DEADLINE: SUNDAY, JUNE 1<sup>st</sup>**

*All players must complete registration form with payment and mail/deliver to Betsy to be placed into match schedule. No online registration.*

*Fee for first seven week league : \$35.00/league day (i.e Monday and Sunday = \$70.00)*

*Sub fee: \$20.00/league day (i.e Wednesday and Saturday = \$40.00)*

No refund or credit once the schedule has been made. Subs can be added anytime after the league has started.

Name \_\_\_\_\_ E mail \_\_\_\_\_

Cell # ( in case match cancelled or delayed due to weather): \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Level \_\_\_\_\_ (SEE RATING SCALE BELOW)

Check day(s): 3.5 – 5.0 level: \_\_\_\_\_ Mondays 7:00pm \_\_\_\_\_ Wednesdays 9:00am \_\_\_\_\_ Thursdays 7:00pm  
\_\_\_\_\_ Sundays 9:00/10:30am (times will alternate due to one court)

2.0 – 3.0 level: \_\_\_\_\_ Wednesdays 7:00pm \_\_\_\_\_ Thursdays 9:00am  
\_\_\_\_\_ Saturdays 10:00am

Circle dates you are **UNABLE** to play on your league day. If unsure, you can still be listed as ‘available’.

**3.5-4.0 level:**

Mondays 7:00pm: (3.5-5.0 level) 6/10 6/17 6/24 7/1 7/8 7/15 7/22

Thursdays 7:00pm: (3.5-5.0 level) 6/13 6/20 6/27 7/4 7/11 7/18 7/25

Wednesdays 9:00am: (3.5-5.0 level) 6/12 6/19 6/26 7/3 7/10 7/17 7/24

Sundays 9:00/10:30am: (3.5-5.0 level) 6/16 6/23 6/30 7/7 7/14 7/21 7/28

**2.0-3.0 level:**

Wednesdays 7:00pm: (2.0-3.0 level) 6/12 6/19 6/26 7/3 7/10 7/17 7/24

Thursdays 9:00am: (2.0-3.0 level) 6/13 6/20 6/27 7/4 7/11 7/18 7/25

Saturdays 9:00/10:30am: (2.0-3.0 level) 6/15 6/22 6/29 7/6 7/13 7/20 7/27

**OR:** \_\_\_\_\_ I would like to be listed as a substitute: (You may not register as a regular and a sub for the same day)

Day(s): 3.5 – 5.0: \_\_\_\_\_ Monday 7pm \_\_\_\_\_ Thursday 7pm \_\_\_\_\_ Wednesday 9am \_\_\_\_\_ Sunday 9/10:30am

2.0 – 3.0: \_\_\_\_\_ Tuesday 7pm \_\_\_\_\_ Wednesday 9am \_\_\_\_\_ Saturday 9/10:30am  
(Subs do not need to specify dates unavailable. These players are just placed on the selected sub list for their level)

SEND COMPLETED FORM BY **6/1** PAYABLE TO: BETSY HEIDENBERGER at ...

3521 Hamlet Place Chevy Chase, MD 20815

Questions: Contact Betsy at [betsyrocket@verizon.net](mailto:betsyrocket@verizon.net)

**RATING SCALE ON NEXT PAGE**

## **DOUBLES LEAGUE RATING SCALE**

- 2.0** This player may have had some lessons but needs on-court experience; has obvious stroke weaknesses but is beginning to feel comfortable with singles and doubles play.
- 2.5** This player has dependable strokes and is learning to judge where the ball is going. Has weak court coverage or is often caught out of position, but is starting to keep the ball in play.
- 3.0** This player can place shots with moderate success; can sustain a rally of slow pace but is not comfortable with all strokes. Lacks control when trying for power.
- 3.5** This player has achieved stroke dependability and direction on shots within reach, including forehand and backhand volleys, but still lacks depth and variety. Seldom double faults and occasionally forces errors on the serve.
- 4.0** This player had dependable strokes on both forehand and backhand side; has the ability to use a variety of shots including lobs, overheads, approach shots and volleys. Can place the first serve and force some errors; is seldom out of position in a doubles game.
- 4.5** This player has begun to master the use of power and spins; has sound footwork and can control depth of shots and is able to move opponent up and back. Can hit first serves with power and accuracy and place the second serve; is able to rush the net with some success on the serve.
- 5.0** This player has good shot anticipation, frequently has an outstanding shot or exceptional consistency around which a game may be structured. Can regularly hit winners or force errors off of short balls and can successfully execute lobs, drop shots, half volleys and overheads; has good depth and spin on most second serves.



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